

Next Level 301 Personal Growth Plan

For: _____

Year: _____

Personal Mission Statement

Personal Habits, Skills, Goals for this year

Spiritual Disciplines

1. *Daily Connection Time: Connecting with God, His Word, and prayer.*
2. *Weekly "Sabbath"-extended time of solitude and listening to God*
3. *Internalization of God's Word/Life Change Verses—
Next Level Growth Verses D and E, Romans 8*

Influencing Relationships

Journeyman(men): Next Level Men

Mentors:

Non-Christians:

Reading

*Old Testament and New Testament: One-third of the Bible
Books: A Praying Life (Paul Miller), Chosen Biography, Forgotten God (Francis Chan), Changing the Landscape of Eternity (John Thompson), What you need to know about Defending Your Faith (Max Anders), Radical (David Platt)*

Physical Disciplines

Exercise:

Nutrition:

Rest (sleep, rest, recreation):

Weight:

Professional, Ministry & Family Goals