

**Every Man's Battle**  
**Introduction (Revised Book & Questions 2022)**

1. Read Matthew 5:27-28. What do Jesus' words tell you about His deep concern for your thought life?

2. How aware are you of the sensual images all around you? What has been your way of dealing with – or not dealing with – this bombardment of sexuality on a daily basis? p. XVI (old book p. 4)

**Every Man's Battle**  
**Chapter One: Our Stories**

1. Which situations in the stories of Steve (pp. 3-4 -old book pp. 9-10) and Fred (pp. 6-8 - old bk pp. 12-14 the Monster) can you personally identify with most? How common do you think these situations are among the Christian men you know?

2. Fred's eyes were particularly vulnerable to the sensual newspaper ads. In what situations are your eyes the most vulnerable? What steps have you taken so far to avoid such situations?

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**Chapter Two: Paying the Price**

1. On pages 13-14 – old bk. pp. 18-19, Fred speaks of the price he was paying for his sin in his relationship with God, with his wife, with his children, and with his church. In which of these areas of life do you think a man's sexual sin hurts him most quickly and obviously? How is it with you?

2. Personal: On page 15 – old p. 20, the authors speak of "exchange verses change." Explain this and then think about your own life. Have you changed and rejected sexual sin or have you merely exchanged one sin for another? Are you ready now to ask God to help you truly change?

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**Chapter Three: Addiction? Or Something Else?**

1. How would you summarize the difference between normal sexual desire and addictive sex?

2. Why do you think that sexual sin creates a barrier to the intimate worship of God?

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**Chapter Four: Mixing Standards**

1. Do you agree that marriage isn't necessarily the "cure" for sexual impurity? What are the reasons the authors give? pp. 33-34 – old pp. 40-41. What are the practical implications of this for you?

2. What are your thoughts on God's standard of sexual purity? pp. 34-38 – old pp. 45-48

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**Chapter Five: Obedience or Mere Excellence?**

1. How would you explain the difference between (a) the pursuit of excellence and (b) the pursuit of perfection (through obedience)?

2. What is the wrong question we ask and how do we ask the right question?

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**Chapter Six: Just by Being Male**

1. How would you describe the difference between maleness and manhood?

2. What is your reaction to the authors' statements about visual foreplay? pp. 62-64 - old pp. 66-70.

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**Chapter Seven: Choosing True Manhood**

1. How does Job's words in Job 31:1 conform to the standard set by Jesus in Matthew 5:28?  
What does Paul say about moral purity in Ephesians 5:3?
  
  
  
  
  
  
  
  
  
  
2. Reading the story of Fred, what are two steps he took in order to make a covenant with his eyes?  
How does this relate to your life? pp. 78-79 - old pp. 74-75.

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**Chapter Eight: The Time to Decide**

1. What is the main theme of pages 83-89 (old pp. 83-89)? What is your response to this?
  
  
  
  
  
  
  
  
  
  
2. Summarize what the authors are saying under the subtitles "Motivate to Win" and "God is waiting?" pp.88-90 – old pp.89-92. What is needed to have victory over sexual sin?



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**Chapter Eleven: Bouncing the Eyes**

1. Explain the concept of bouncing the eyes and why must it be done immediately?
  
  
  
  
  
  
  
  
  
  
2. What aspects of the authors' strategy for bouncing and starving the eyes make the most sense to you?

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**Chapter Twelve: Starving the Eyes**

1. What do the authors mean by starving the eyes and how is it done? And, if you are married, do you only have eyes for your wife?
  
  
  
  
  
  
  
  
  
  
2. What payoff did the authors give if married men choose only to find sexual gratification from their wives?

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**Chapter Thirteen: Your Sword and Shield**

1. Why do you need a "sword" and "shield" according to this chapter? What is their value in your pursuit of sexual purity?

2. What verses will you select for your “sword” and for your “shield”?

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**Chapter Fourteen: Your Mustang Mind**

1. Why is the mind more difficult to control than the eyes? How will your eyes work together with your mind in your pursuit of sexual purity?

2. How would you explain the authors’ corral concept (A Corral for Your Mustang Mind) as it applies to sexual purity in your thought life? What does the corral represent and what does it accomplish?

**Every Man’s Battle**  
**Chapter Fifteen: Approaching Your Corral**

1. What do the authors mean by “playing the dweeb” and how effective do you think this tactic can be in your own life?

2. What are the most important principles for having effective defenses against impure thoughts regarding women who find you attractive?

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**Chapter Sixteen: Inside Your Corral**

1. What tactics were presented for maintaining pure thoughts in regard to old girlfriends and ex-wives? What is your opinion of their effectiveness?

