

Psalm 103 - NIV 2011

Praise the LORD, my soul;

all my inmost being, praise his holy name.

² Praise the LORD, my soul,

and forget not all his benefits—

³ who forgives all your sins

and heals all your diseases,

⁴ who redeems your life from the pit

and crowns you with love and compassion,

⁵ who satisfies your desires with good things

so that your youth is renewed like the eagle's.

⁶ The LORD works righteousness

and justice for all the oppressed.

⁷ He made known his ways to Moses,

his deeds to the people of Israel:

⁸ The LORD is compassionate and gracious,

slow to anger, abounding in love.

⁹ He will not always accuse,

nor will he harbor his anger forever;

¹⁰ he does not treat us as our sins deserve

or repay us according to our iniquities.

¹¹ For as high as the heavens are above the earth,

so great is his love for those who fear him;

¹² as far as the east is from the west,

so far has he removed our transgressions from us.

¹³ As a father has compassion on his children,

so the LORD has compassion on those who fear him;

¹⁴ for he knows how we are formed,

he remembers that we are dust.

- 15 The life of mortals is like grass,
they flourish like a flower of the field;**
- 16 the wind blows over it and it is gone,
and its place remembers it no more.**
- 17 But from everlasting to everlasting
the LORD's love is with those who fear him,
and his righteousness with their children's children—**
- 18 with those who keep his covenant
and remember to obey his precepts.**
- 19 The LORD has established his throne in heaven,
and his kingdom rules over all.**
- 20 Praise the LORD, you his angels,
you mighty ones who do his bidding,
who obey his word.**
- 21 Praise the LORD, all his heavenly hosts,
you his servants who do his will.**
- 22 Praise the LORD, all his works
everywhere in his dominion.**

Praise the LORD, my soul.